

Spiritual Psychology Syllabus

Weekend 1: Ego Development and Identity Formation

Thursday

9:00 – 12:30 & 2:00 - 5:00

1. Overview of the Kabbalistic Tree of Life model and Jungian Psychology

Friday

9:00 – 12:30 **Ego Development 1**

1. Defenses of the Personality: Freudian ideas of Oral/Anal/Oedipal defenses
2. Astrological understanding of defensive patterns

2:00 - 5:00 **Ego Development 2**

1. Psychodynamic approach to healing - A Relational model of ego development
2. Attachment Theory and the importance of healthy bonding

7:00 - 9:00 **The Great Mother**

1. The Great Mother Archetype and its crucial role in emotional development

Saturday

9:00 – 12:30 **Ego Development 3**

1. Complexes, Projection & Scapegoating
2. Transference/counter transference – case examples

2:00 - 5:00 **Emotional Wounding**

1. Effects of emotional wounding (betrayal, abandonment, trauma) on the psyche

7:00 – 9:00pm **Family Systems**

1. The dynamics of family and group systems – enmeshed, disengaged and flexible systems
2. Techniques for diagnosing and assessing systems
3. Family sculpting/psychodrama - creative interventions for families and groups

Sunday

9:00 – 12:30 **Identity Formation 1**

1. The dangers and joys of emotional separation
2. The false self/adaptive self – its function and hazards
3. Conflict and confrontation in forming identity

2:00 - 5:00 **Identity Formation 2**

1. Alchemical Transmutation – setting up sacred space for change
2. Transforming the destructive power drives: envy, greed, grandiosity, ruthlessness, hatred, jealousy etc...
3. Breaking habits, addictions, compulsions and ancestral patterns

4. Metabolizing emotional toxins

Weekend 2: Soul Development and Spiritual Development

Thursday

9:00 – 12:30 **Overview/Review/Questions**

2:00 - 5:00 **Soul Development**

1. Symbols of the Self – Holy Grail, Alchemical gold, the Philosopher's Stone
2. Mythological and Astrological perspectives on soul development

Friday

9:00 – 12:30 **Soul Development**

1. Hero archetype – truth, ethical and moral development
2. Development of the Will – choices and self-responsibility

2:00 - 5:00 **Soul Development**

1. Wounds to the heart and soul
2. Healing the heart through repentance, remorse, grief & forgiveness

7:00 – 9:00pm **Soul Development**

1. Warrior archetype – boundary setting, psychic self-defense
2. King archetype - the power of love, compassion & sacrifice

Saturday

9:00 – 12:30 **Spiritual Development 1**

1. Spiritual awakening and its effect upon the body and psyche
2. Spiritual Bypass

2:00 - 5:00 **Spiritual Development 1**

1. Spiritual defenses: spiritualizing, intellectualizing, rationalizing, projecting onto God
2. Transpersonal planets in Astrology - personal and collective renewal

7:00 – 9:00pm **Spiritual Development 2**

1. Spiritual transformation – how to live from the branches of the Tree
2. Spiritual breakthrough
3. Powers and responsibilities of the spiritually awakened & Paradigm shifts

Sunday

9:00 – 12:30 **Spiritual Development 3**

1. Divine archetype/Healer archetype, healing separation and alienation
2. Integration of the personality
3. The Sacred Marriage

2:00 - 5:00 **Integrating our Tree of Life Knowledge**

1. Pulling it all together with case studies
2. Creative Interventions